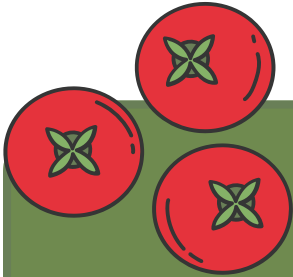
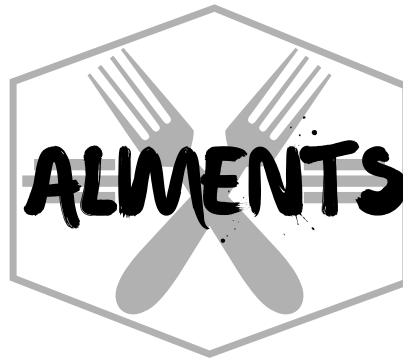


# LEXIQUE DES ALIMENTS EN ANGLAIS

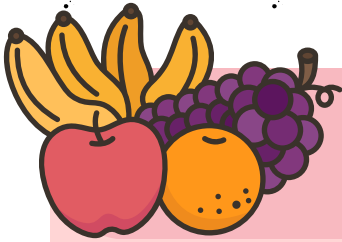
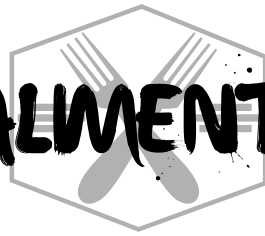


## VEGETABLES :

Artichaut = **Artichoke**  
Asperge = **Asparagus**  
Aubergine = **Eggplant**  
Aubergine chinoise = **Chinese eggplant**  
Bettes = **Chard**  
Betterave = **Beet**  
Brocoli = **Broccoli**  
Carotte = **Carrot**  
Céleri = **Celery**  
Chou = **Cabbage**  
Chou-fleur = **Cauliflower**  
Cima di rapa = **Broccoli rabe**  
Concombre = **Cucumber**  
Courge = **Squash**  
Courgette = **Zucchini**  
Cresson = **Watercress**  
Échalote = **Shallot**  
Épinard = **Spinach**  
Fenouil = **Fennel**

Haricot = **Bean**  
Haricot vert = **Green bean**  
Laitue = **Lettuce**  
Maïs = **Corn**  
Navet = **Turnip**  
Oignon = **Onion**  
Panais = **Parsnip**  
Patate douce = **Sweet potato**  
Petit pois = **Peas**  
Piment = **Chili pepper**  
Poireau = **Leek**  
Poivron = **Bell pepper**  
Poivron rouge = **Red bell pepper**  
Pomme de terre = **Potato**  
Radis = **Radish**  
Salade = **Salad**  
Salsifis = **Salsify**  
Tomate = **Tomato**  
Topinambour = **Jerusalem artichoke**

# LEXIQUE DES ALIMENTS EN ANGLAIS



## FRUITS :

Abricot = <b>Apricot</b>	Mangue = <b>Mango</b>
Ananas = <b>Pineapple</b>	Melon = <b>Melon</b>
Avocat = <b>Avocado</b>	Mirabelle = <b>Mirabelle plum</b>
Banane = <b>Banana</b>	Mûre = <b>Blackberry</b>
Cassis = <b>Blackcurrant</b>	Myrtille = <b>Blueberry</b>
Cerise = <b>Cherry</b>	Nectarine = <b>Nectarine</b>
Citron = <b>Lemon</b>	Orange = <b>Orange</b>
Clémentine = <b>Clementine</b>	Papaye = <b>Papaya</b>
Coing = <b>Quince</b>	Pastèque = <b>Watermelon</b>
Datte = <b>Date</b>	Pêche = <b>Peach</b>
Figue = <b>Fig</b>	Poire = <b>Pear</b>
Fraise = <b>Strawberry</b>	Pomme = <b>Apple</b>
Framboise = <b>Raspberry</b>	Prune = <b>Plum</b>
Fruit de la passion = <b>Passion Fruit</b>	Raisin = <b>Grape</b>
Grenade = <b>Pomegranate</b>	Ramboutan = <b>Rambutan</b>
Groseille = <b>Currant</b>	Rhubarbe = <b>Rhubarb</b>
Kiwi = <b>Kiwi</b>	Tangerine = <b>Tangerine</b>
Lime = <b>Lime</b>	Tomate = <b>Tomato</b>
Litchi = <b>Lychee</b>	Yuzu = <b>Yuzu fruit</b>

## GRAINS :

Amarante = <b>Amaranth</b>	Orge = <b>Barley</b>
Avoine = <b>Oats</b>	Quinoa = <b>Quinoa</b>
Blé = <b>Wheat</b>	Riz = <b>Rice</b>
Épeautre = <b>Spelt</b>	Sarrasin = <b>Buckwheat</b>
Fonio = <b>Fonio</b>	Seigle = <b>Rye</b>
Maïs = <b>Corn</b>	Sorgho = <b>Sorghum</b>
Millet = <b>Millet</b>	



# LEXIQUE DES ALIMENTS EN ANGLAIS



## BEANS AND LEGUMES :

Azuki = **Azuki bean**

Fève = **Broad bean**

Haricot = **Bean**

Haricot blanc = **White bean**

Haricot noir = **Black bean**

Lentille = **Lentil**

Mungo = **Mung bean**

Pinto = **Pinto bean**

Pois cassé = **Split pea**

Pois chiche = **Chickpea**

Pois du cap = **Cowpea**

Pois gourmand = **Sugar snap pea**

Pois mange-tout = **Snow pea**

Soja = **Soybean**

## NUTS :

Amande = **Almond**

Noisette = **Hazelnut**

Noix = **Walnut**

Noix du Brésil = **Brazil nut**

Noix de cajou = **Cashew nut**

Noix de coco = **Coconut**

Noix de Grenoble = **Walnut**

Noix de pécan = **Pecan nut**

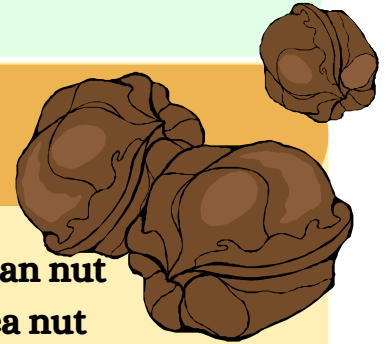
Noix de karité = **Shea nut**

Noix de macadamia = **Macadamia nut**

Noix de muscade = **Nutmeg**

Noix de pin = **Pine nut**

Pistache = **Pistachio**



## MEAT :

Agneau = **Lamb**

Autruche = **Ostrich**

Bœuf = **Beef**

Caille = **Quail**

Canard = **Duck**

Cheval = **Horse**

Cheval = **Horse**

Dinde = **Turkey**

Faisan = **Pheasant**

Gibier = **Game**

Lapin = **Rabbit**

Pigeon = **Pigeon**

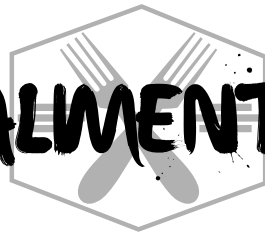
Poulet = **Chicken**

Porc = **Pork**

Sanglier = **Wild boar**

Veau = **Veal**

# LEXIQUE DES ALIMENTS EN ANGLAIS



## POULTRY :

Autruche = **Ostrich**

Caille = **Quail**

Canard = **Duck**

Dinde = **Turkey**

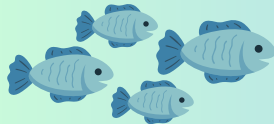
Faisan = **Pheasant**

Perdrix = **Partridge**

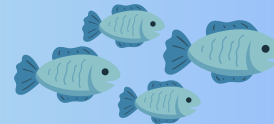
Pintade = **Guinea fowl**

Pigeon = **Pigeon**

Poulet = **Chicken**



## FISH :



Anguille = **Eel**

Bar = **Sea bass**

Brochet = **Pike**

Cabillaud = **Cod**

Carpe = **Carp**

Dorade = **Sea bream**

Hareng = **Herring**

Maquereau = **Mackerel**

Merlan = **Whiting**

Raie = **Ray**

Sardine = **Sardine**

Saumon = **Salmon**

Sole = **Sole**

Thon = **Tuna**

Truite = **Trout**

## SEAFOOD :

Bigorneau = **Periwinkle**

Bulot = **Whelk**

Calmar = **Squid**

Coquille Saint-Jacques = **Mussels**

Crabe = **Crab**

Crevette = **Shrimp**

Homard = **Lobster**

Huître = **Oyster**

Langouste = **Crawfish**

Langoustine = **Dublin Bay prawn**

Moule = **Mussel**

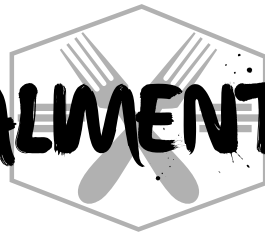
Palourde = **Clam**

Poulpe = **Octopus**

Saint-Jacques = **Scallop**

Tourteau = **Spider crab**

# LEXIQUE DES ALIMENTS EN ANGLAIS



## MILK AND DAIRY PRODUCTS :

Beurre = **Butter**

Brie = **Brie**

Camembert = **Camembert**

Chèvre = **Goat cheese**

Crème = **Cream**

Crème fraîche = **Sour cream**

Crème glacée = **Ice cream**

Emmental = **Emmental**

Feta = **Feta**

Fromage = **Cheese**

Gruyère = **Gruyère**

Lait = **Milk**

Lait concentré sucré = **Sweetened condensed milk**

Mascarpone = **Mascarpone**

Mozzarella = **Mozzarella**

Parmesan = **Parmesan**

Petit-suisse = **Petit suisse**

Ricotta = **Ricotta**

Roquefort = **Roquefort**

Yaourt = **Yogurt**

## TUBERS :

Betterave = **Beetroot**

Carotte = **Carrot**

Chayotte = **Chayote**

Chou rave = **Kohlrabi**

Crosne = **Chinese artichoke**

Igname = **Yam**

Navet = **Turnip**

Panais = **Parsnip**

Patate douce = **Sweet potato**

Pomme de terre = **Potato**

Radis noir = **Black radish**

Rutabaga = **Rutabaga**

Salsifis = **Salsify**

Taro = **Taro**

Topinambour = **Jerusalem artichoke**



## FUNGAI :

Agaric = **Field mushroom**

Bolet = **Bolete mushroom**

Champignon

= **Button mushroom**

Cèpe = **Porcini mushroom**

Coprin = **Inky cap mushroom**

Enoki = **Enoki mushroom**

Girolle = **Chanterelle mushroom**

Maitake

= **Hen-of-the-woods mushroom**

Morille = **Morel mushroom**

Pied-de-mouton = **Hedgehog mushroom**

Pleurote = **Oyster mushroom**

Portobello = **Portobello mushroom**

Shiitake = **Shiitake mushroom**

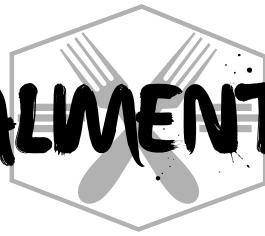
Trompette de la mort

= **Black trumpet mushroom**

Truffe = **Truffle**



# LEXIQUE DES ALIMENTS EN ANGLAIS



## FAT :

- Graisses animales = **Animal Fat**
- Graisses à base d'huile de palme = **Palm Oil-based Fat**
- Graisses hydrogénées = **Hydrogenated Fat**
- Graisses insaturées = **Unsaturated Fat**
- Graisses lactières = **Dairy Fat**
- Graisses monoinsaturées = **Monounsaturated Fat**
- Graisses polyinsaturées = **Polyunsaturated Fat**
- Graisses saturées = **Saturated Fat**
- Graisses trans = **Trans Fat**
- Graisses végétales = **Vegetable Fat**

## PROTEIN :

- Protéines animales = **Animal Protein**
- Protéines complètes = **Complete Protein**
- Protéines de chanvre = **Hemp Protein**
- Protéines de lactosérum = **Whey Protein**
- Protéines de pois = **Pea Protein**
- Protéines de riz = **Rice Protein**
- Protéines de soja = **Soy Protein**
- Protéines incomplètes = **Incomplete Protein**
- Protéines maigres = **Lean Protein**
- Protéines végétales = **Plant Protein**

## ADDITIVES :

- Antioxydants = **Antioxidants**
- Agent de brillance = **Shine agents**
- Agents de fermentation = **Fermentation agents**
- Agent de glaçage = **Glazing agents**
- Agent de levage = **Raising agents**
- Agents de mûrissement = **Ripening agents**
- Agent de rétention d'eau = **Water retention agents**
- Agent de séparation = **Anti-caking agents**
- Agents de texture = **Texture agents**
- Colorants = **Colorants**
- Conservateurs = **Preservatives**

Conservateurs = **Preservatives**

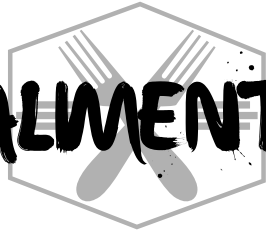
Édulcorants = **Sweeteners**

Émulsifiants = **Emulsifiers**

Exhausteurs de goût  
= **Flavor enhancers**

Stabilisants = **Stabilizers**

# LEXIQUE DES ALIMENTS EN ANGLAIS



## SEEDS :

Graines de chanvre = **Hemp seeds**

Graines de chia = **Chia seeds**

Graines de citrouille = **Pumpkin seeds**

Graines de coriandre = **Coriander seeds**

Graines de cumin = **Cumin seeds**

Graines de fenouil = **Fennel seeds**

Graines de fenugrec = **Fenugreek seeds**

Graines de grenade = **Pomegranate seeds**

Graines de lin = **Flaxseeds**

Graines de moutarde = **Mustard seeds**

Graines de pastèque = **Watermelon seeds**

Graines de pavot = **Poppy seeds**

Graines de quinoa = **Quinoa seeds**

Graines de sésame = **Sesame seeds**

Graines de tournesol = **Sunflower seeds**

